

## ORGANISING COMMITTEE

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PRINCIPAL

COORDINATOR: DR SANTANA DUTTA

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NATIONAL COMMISSION FOR  
WOMEN SPONSORED  
**CAPACITY BUILDING  
AND PERSONALITY  
DEVELOPMENT  
PROGRAMME**

17TH AUGUST, 2023

ORGANISED BY:

SOCIAL SCIENCE RESEARCH CELL

IN ASSOCIATION WITH

WOMEN CELL & NSS UNIT

JHANJI HEMNATH SARMA COLLEGE

## INVITATION

Dear Participants,  
It gives us immense pleasure to inform you that the Social Science Research Cell in association with Women Cell & NSS Unit, Jhanji Hemnath Sarma College are going to organize a One Day National Level Workshop on 17th August 2023 on the topic "Capacity Building and Personality Development" for female Undergraduate and Post-graduate Students at the premises of the college. The workshop is specially organized only for female undergraduate and post-graduate students.

We, therefore, invite you to participate and make it a great success.

Regards

Dr Manjit Gogoi  
Principal/ Chairperson

Dr Santana Dutta  
Coordinator

Dr Rajiv Gogoi  
Coordinator, IQAC

## ABOUT THE COLLEGE

Established on 25th July, 1964, Jhanji Hemnath Sarma College is a pioneer institute of higher education in Sivasagar district of Assam. The college has been imparting quality education since its inception. Students come to this college from far-flung areas of the district and even from outside the district to pursue higher education in their chosen branches of knowledge. Located in the peaceful lush environment of the plain bank of the river Jhanji, bordering Sivasagar and Jorhat districts, it has continued to be a shrine of enlightenment to the students.

## ABOUT THE WORKSHOP

The main objective of this programme is to introduce women with their inner capacity and make them independent and employment ready. These Skills Education results in bridging up communication among them. It also aims to enable young female students to handle stressful situations effectively.



These skills are important for development of self-esteem, positive attitudes, making a firm stand on values, beliefs and cultural differences.

## SCHEDULE OF THE WORKSHOP

8.30AM - 9.00AM Registration

9.00AM - 9.15 AM Introduction of the programme

9.30AM - 11.00 AM First Technical Session

Topic: 'Personal and Capacity building'

11.00AM - 11.15 AM Tea Break

11.15AM -12.45 PM Second Technical Session

Topic: Professional Career Skills

12.45PM - 2.15 PM Third Technical Session

Topic: Digital Literacy and Effective use of Social Media

2.15PM - 3.00 PM Lunch Break

3.00PM-3.30PM Questions/Experience sharing by participants

3.30PM -4.30 PM Closing Remarks