

## INTERNATIONAL YOGA DAY

Activity	International Yoga Day
Date	21 <sup>st</sup> June, 2019

The international Yoga day was celebrated at the college campus with the initiative of NSS Unit of the college. A total number of 6 teachers and 60 NSS volunteers and 40 students participated in the programme . The main objective of the programme was to make aware to health and benefits of Yoga.

